

# CLIENT SKIN TYPE EVALUATION

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**This information will help our office to better evaluate your skin type so the laser treatment will be more effective. Please take a few minutes to fill out this questionnaire.**

Please circle the skin type that is most similar to your ethnic heritage.

- |     |  |    |  |
|-----|--|----|--|
| I   | Very Fair (Celtic and Scandinavian)                    | IV | Olive-skinned Caucasians (Mediterranean, Asian)      |
| II  | Fair-skinned Caucasians with light hair and light eyes | V  | Dark-skinned (Middle Eastern, Hispanic, some Asians) |
| III | Pale-skinned Caucasians with dark hair and dark eyes   | VI | Very dark-skinned (African)                          |

Please answer the following questions by circling the number which best describes you. Your technician will total the score during the consultation.

- My eye color is:  
0 Light blue  
1 Blue/green  
2 Green/gray/golden  
3 Hazel/light brown  
4 Brown
- My natural hair color at age 18 was:  
0 Red  
1 Blonde  
2 Light brown  
3 Dark brown  
4 Black
- The color of my skin that is not normally exposed to the sun is:  
0 Reddish  
1 Very pale  
2 Pale with a beige tint  
3 Light brown  
4 Dark brown
- The number of freckles/moles on my skin is:  
0 Many  
1 Several  
2 Few  
3 Incidental  
4 None
- If I go out into the sun for an hour or so without sunscreen and not having been out in the sun for weeks, my skin will:  
0 Burn, blister and peel  
1 Burn, then the burn resolves there is no color change  
2 Burn, but then turns to tan in a few days  
3 Get pink, but then turns to tan quickly  
4 Just tan
- What is the potential darkness of your skin? After several hours of tanning, my skin would actually turn brown:  
0 Never  
1 Seldom  
2 Sometimes  
3 Often  
4 Always
- How easily do you tan? During tanning my skin:  
0 Barely changes color  
1 Gets a golden hue  
2 Gets reasonably tan  
3 Gets tanned easily  
4 Turns brown quickly
- How does your face react to the sun?  
0 It is very sensitive  
1 It is sensitive  
2 It is normal  
3 It is quite resistant  
4 It never has a problem
- How often does the area to be treated get sun exposure, exposure to tanning booths or artificial tanning cream?  
0 Never  
1 Hardly ever  
2 Sometimes  
3 Often  
4 Always
- When was the last time the area to be treated was exposed to either natural sunlight, tanning booths or artificial tanning cream?  
0 More than three months ago  
1 2-3 months ago  
2 1-2 months ago  
3 Within the past month  
4 Within the past two weeks

**Total score** \_\_\_\_\_

**Circle score and type:**

(0-7) I      (8-16) II      (17-25) III      (26-30) IV      (31-35) V      (35+) VI

Type V and VI approved by \_\_\_\_\_

Date \_\_\_\_\_